



# Physical Activity Leaders Workshop

Back by popular demand

**Train the Trainers**  
**Develop practical ideas for implementing the Physical Activity Leaders programme into your school.**

This workshop will give you the tools to train students as leaders in physical activity. You will be provided with planning templates and given the opportunity to work through how to make this work in your school. You will have the opportunity to hear first hand from teachers who have implemented PALs and from children who are PALs.

Be part of an Amazing Race that will give you the tools to plan a fun physical experience while providing fantastic cross curricula links.

- When:** Thursday 11th March 2010 (note change of previously advertised date)  
**Where:** Pelorus Trust Sports House, Seaview, Lower Hutt.  
**Time:** 9.30pm – 3.30pm  
**Cost:** \$60+ GST per person (Past or present Active School)  
\$80+GST per person (non Active School)  
**Note:** All Schools can receive Teacher Participation Funding to assist with reliever costs.

**Presenters:** Candice Apelu & Georgina Duindam (Sport Wellington)

**Payment options available:**

**Internet Banking** (click or tick the box if using)

Bank Account Details - 030502 0159193-00, Sport Wellington

Particulars Field – Organisation or Individual Name

Reference Field – “PALs”

Once the transaction has been confirmed please email back this completed registration form to: [info@sportwellington.org.nz](mailto:info@sportwellington.org.nz) with the subject line: PALs Workshop

**Cheque** (click or tick the box if using)

Please send a cheque, payable to Sport Wellington, with your completed registration form to: PALs Workshop, Sport Wellington, PO Box 24 148, Manners Street, Wellington 6142.

**Invoice** (click or tick the box if using)

Invoices will be sent out to your school at an additional \$5 administration cost.

Name of attendee(s):	
Organisation name:	
Email of attendee(s):	
Postal Address:	

If you have any queries please contact [info@sportwellington.org.nz](mailto:info@sportwellington.org.nz) or (04) 380 2070

Payment is required three days before workshop.

Cancellation to the workshop less than 24 hours notice will result in full payment required.